



Conscious Contact

Prescott Area Intergroup: Serving Central Yavapai County

February 2019

240 S. Montezuma St. # 108 Prescott, AZ 86303 Phone: (928) 445-8691 Open Weekdays 10:00 am - 4:00 pm
Website: www.prescottaa.org Email: prescottaa@prescottaa.org

TRADITIONS CHECKLIST from the AA Grapevine

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

Practice These Principles...

Tradition Two: For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
3. Do I look for credit in my AA jobs? Praise for my AA ideas?
4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?

c. THE AA GRAPEVINE INC.

Step Two:

“Came to believe that a Power greater than ourselves could restore us to sanity.”

Concept Two:

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

Copyright © A.A. World Services, Inc.

The Shrinking World of an Alcoholic

What was it like for you just before you got to Alcoholics Anonymous?

That was the topic suggested at a “ticket” meeting I attended the other day. Not surprisingly, most of the shares that followed were about the bottoms the speakers had hit, and which had brought them to the doors of AA. My ticket never was called, but the first thought that hit me was not the details of my bottom, but rather how small my world had become in those last months and years of drinking.

That wasn't how I was thinking when I finally turned myself in to AA. On the contrary, my image of our program involved a much smaller, more limited and unsatisfying way of life than the one I imagined for myself. It represented much merited punishment for the way I had been living, and if I wasn't in such emotional and psychological pain from the consequences of that drinking life I doubt I would have called AA at all.

No, it's taken a number of years of sobriety with the 12 Steps and my fellow alcoholics as my guides to grasp how small my world had actually become back then. Only from a distance and enjoying the extraordinary gifts of the AA way of life can I look back and see how misguided I was.

Back in the day, I thought that alcohol was my liberator. It seemed to free me from so many of the constraints on my behavior that were rooted in my upbringing and my status as a still employed husband and father. The drinking Dan was spontaneous and able to see how arbitrary so many of those rules of “proper” behavior really were! Society might frown on my drinking behavior, but that only proved to me how wrong society really was.

The only problem was that my big, spontaneous world seemed to be shrinking the deeper I sank into my active alcoholism. All those interesting friends and colleagues I met in the bars started disappearing. Even my fellow drunks didn't want to be around me anymore as I sank into morbid self-pity. Home life was torture, not so much because of the reactions of my wife and children, but because I couldn't escape the mental punishment of a conscience that refused to see things

Continued on page 2

**Sub-District 14-140 Presents
GSR Workshop and Pizza Party**

Wednesday, February 6, 2019 6:30 – 7:30 PM
First Christian Church
1230 Willow Creek Rd. @Black Dr., Prescott

Panel Presentation Addressing:

The role of the GSR.

What does a GSR do?

What being a GSR has meant to my recovery.

How to become a GSR.

If you are interested in experiencing an Area Assembly where AA in the state of Arizona forms its Group Conscience on issues being voted on at the annual GSO Convention in New York, and instructs the Area 03 Delegate on how to vote, attend this workshop and Sub-District 14-140 will cover your registration fee for the 2019 Area 03 Pre-Conference Assembly at the Prescott Resort April 5, 6 & 7.

Pizza and drinks provided by Sub-District 14-140

Continued from page 1

my way. My prospects at work became dimmer and dimmer. After paying the bar bills there was no money left for other things. Forget all those dreams of travel and adventure!

The combination of being shut out by others and withdrawing voluntarily out of guilt or pure self-centeredness left me isolated and lonely. By the end, my world had shrunk for all practical purposes to the corner stool at my favorite saloon, where I would sit alone and write maudlin notes to myself on bar napkins about life's cruelties.

It was only after some years in our program that I came to understand that I had in fact been in a sort of prison of the mind and the spirit – but that it was a prison I had constructed myself. As our third step so aptly describes it, I was trapped by “the bondage of self.” Only by letting go of my old ideas of freedom and happiness, learning how better to live in the moment, and accepting the discipline of our program and a Higher Power, have I found true freedom and a world bigger than I ever imagined.

Dan F.

D.C.M. 14-140

As District Committee Member one of my duties is to visit our "remote" communities, i.e.: Bagdad, Congress, Humboldt, Seligman, Skull Valley, and Yarnell.

On December 27th I finally got the chance to do so. ('tis the season to be busy) I visited the "On the Mountain Group." in Yarnell at the Community Church, 16455 Table Top Way. Meetings are held Thursdays at 6:00 pm and last one hour.

I introduced myself as DCM. and let everyone know how to get in touch with the Sub-District and Intergroup. Turned out the new treasurer needed that information.

The meeting was a Big Book Study and we were reading one of the stories in the back. Though there were only 9 people, the meeting was great. I related a lot to what was read and shared.

There was gentleman that picked up a 2 month chip and a lady that had 35 yrs. AA is alive and well in Yarnell.

It was a nice drive. It only took 44.398 minutes approximately, maybe less.

It's amazing how doing what we should makes us feel better. :)

Love, Paul S.

Meeting of the Month

Meeting: Big Book Higher Power Hour

When: Sun-Fri, 5pm, Sat 12pm

Where: 13278 Central Ave. Mayer

The venue for this meeting was super easy to find, and driving out on Fain Rd provides a really pleasant view at the end of the day. Basically you turn at the Circle K off 69 and about a hundred yards down you see it on the right. To my surprise, there happened to be someone there I hadn't seen in a couple years, and whom, in my early sobriety, was someone I depended on seeing at our old home group. There were bowls of candy for the newcomer (or not so new comer) on the tables, with a genuine smile, a hearty welcome, and a firm handshake from everyone. We read from the Big Book, the last half of a story, and discussed it afterwards. It was striking how intimate the sharing was, from every person there, and the subtle nuances that each person picked up on. There were some new people that laid their hearts on the table, and some old timers that told it like it was. We had about 10-12 of us there, with maybe room for 3-5 more people. All in all this is a gem of a meeting; truly it is a pleasure to take a quick joy ride out there and be with those sweet fellow travelers.

Nicole M.

Corrections Service Anyone?

The Federal Corrections Institution (FCI) Phoenix is in a critical search for A.A. members to bring Alcoholics Anonymous meetings to the facility. Meetings are every Monday evening, 6:00-7:00pm. There is an application process that is mostly done online, followed by an orientation at FCI. There is a minimum 2 years sobriety, 3 years off paper (parole, probation) for volunteers. If you'd like to join this unique team contact Mel F., (928) 925-1887 harleyhaulic@cableone.net

Service Corner

**Look back and be grateful.
Look ahead and be hopeful.
Look around and be helpful.**

February AA Birthdays

Working Girls

Eileen E. 2/03/85

Seniors in Sobriety

Dan W. 2/06/03

Sunday Round Table

John M. 2/12/91

PV Lushes T' Ladies

Jill W. 2/11/08

PV Sun. No Name Group

Jody J. 2/24/16

Tues. Nite Step Study

Carrie L. 2/02/06

Gregg M. 2/24/82

Sun Morn Men's Stag

Ray K. 2/09/97

Jon H. 2/15/88

PV Friday Night Speakers

Devon Z. 2/19/17

Brad B. 2/21/11

Dan S. 2/16/81

PV Noon Group

Lesli B. 2/07/14

Emily K. 2/05/14

Stan P. 2/04/04

PV Tues. Noon Group

Donna 2/08/05

Uz J. 2/03/05

Bob H. 2/19/89

Humboldt Men's Stag

Robert B. 2/23/16

Daniel W. 2/02/13

Dominic B. 2/06/12

Justin G. 2/12/08

Dean B. 2/18/82

Alternatives

Mark K. 2/08/11

Lori 2/14/06

Ed M. 2/28/82

Bob Jr. 2/03/73

Luke 2/17/72

Prescott Group

Beth F. 2/24/10

Matt G. 2/13/09

Ira N. 2/19/08

Ryan H. 2/19/07

Justin B. 2/08/06

Park Ave

Blair H. 2/22/07

Justin G. 2/12/08

Matt K. 2/21/08

Becca S. 2/28/04

Carlos A. 2/14/97

Serenity at Sunrise

George Sk. 2/20/18

Terra L. 2/01/18

Matthew W. 2/26/16

Brad B. 2/21/11

Patty S. 2/14/03

John M. 2/12/91

Charlie L. 2/04/89

Roger N. 2/23/87

Gregg M. 2/25/82

Girlye Birds

Carlee P. 2/26/16

Ashley C. 2/23/16

Cindy G. 2/10/14

Dawn H. 2/07/15

Kate W. 2/20/08

Cathy N. 2/12/06

Kay B. 2/27/01

Mary B. 2/14/98

Maggie G. 2/15/87

Linnea T. 2/08/80

Susan C. 2/04/77

Next Intergroup Meeting:

6:30 pm, Wednesday, February 13, 2019
(the second Wednesday of every month)
at the First Christian Church, 1230 Willow Creek Rd.

Next District 14-140 GSR Meeting

6:30 pm, Wednesday, February 6, 2019
(the first Wednesday of the month)
at the First Christian Church, 1230 Willow Creek Rd.

Next District 14-142 GSR Meeting

6:30 pm, Tuesday, February 5, 2019
(the first Tuesday of every month)
Emmanuel Lutheran Church, 7763 E. Long Look, PV

Prescott Shoestring Roundup Committee

5:30 pm, Friday, February 15, 2019
(the third Friday of the month)
Unity Church, 145 S. Arizona Ave. @ Goodwin

PI / CPC Committee Meetings

Meetings scheduled as needed.
The Public Information/
Cooperation with the Professional Community
Committee has many opportunities to be of service.
For information about this committee call the
Prescott Area Intergroup Office (928) 445-8691.

The Prescott Area Intergroup's Treatment Facilities Committee

For information on how you can be of service on this
committee please call the Intergroup Office.

The Prescott Area Intergroup's Correctional Facilities Committee

For Yavapai County Juvenile Justice Center AA meeting
information call Jerry D. 928 636-9343

The next Pre-Conference Assembly Planning Committee Meeting will be held Sunday, February 24, 2019 at 4:00 pm

7255 E. Conestoga Way, Prescott Valley 86314

More info: Cindy F. 785 821-6067

9th Annual AA Women's Gratitude Luncheon
Saturday, February 23, 2019 11:00 am - 2:00 pm

Prescott Resort & Conference Center
1500 AZ-69, Prescott, AZ 86301

\$30 tickets on sale at
www.annualgratitudeluncheon.com

Questions?
Email annualgratitudeluncheon@gmail.com

Area 03 Pre-Conference Assembly
Our Big Book - 80 Years - 71 Languages

April 5, 6 & 7, 2019

Prescott Resort and Conference Center
1500 AZ-69, Prescott, AZ

Hosted by District 14

55th International Women's Conference
February 7-10, 2019
The Westin Bonaventure Hotel
404 S. Figueroa St., Los Angeles, CA
www.internationalwomensconference.org

Yuma Pass It On Roundup
Yuma, AZ
February 22, 23, 24 2019
www.yumaroundup.org

29th Annual West Valley Roundup
March 15-17, 2019
Lake Pleasant Regional Park
41835 N. Castle Hot Springs Rd., Peoria, AZ
www.westvalleyroundup.com

Verde Valley Roundup
April 12 - 14 2019
Cottonwood, AZ
verdevalleyroundup.org

12th Annual Seniors in Sobriety
International Conference
May 19 - 21, 2019
Reno, Nevada
www.renotahoesis2019

Flagstaff Roundup 2019
May 31 - June 2
Fort Tuthill Campground

Save the Date
AZ AA Women's Conference
July 12 - 14, 2019
Tubac Golf Resort & Spa

2019 ROUNDUP LOGO CONTEST

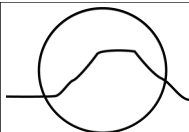
Enter to win a T-Shirt printed with
Your artwork plus admission to the

**34th Annual
Prescott Shoestring Roundup
August 30 & 31 - September 1, 2019**

Your artwork could become a part of
Prescott AA history!

- Submit entries to:
- shoestringroundup2019@gmail.com
- Or, bring it to the Prescott Shoestring Roundup Committee meeting, the third Friday of each month at 5:30 pm at the Unity Church 145 S. Arizona Ave.
- Or, drop it off at the Prescott Area Intergroup Office, 240 S. Montezuma #108

DEADLINE FOR ENTRIES IS APRIL 1, 2019



SAVE THE DATE!

**34th Annual
Prescott Shoestring Roundup
Labor Day Weekend
Friday, Saturday & Sunday
August 30 & 31 - September 1, 2019**

Prescott Resort & Conference Center
1500 AZ-69 Prescott, AZ 86301

www.prescottshoestringroundup.org

Prescott Area Intergroup's 2018 YTD Treasurer's Report

GROUP DONATIONS	YTD	GROUP DONATIONS <i>continued</i>	YTD	November Gratitude <i>continued</i>	YTD
4 Directions Grp	\$500.00	PV Reflections	\$108.00	Prescott Group	\$40.00
Afterwards Group	\$2,400.00	PV Roadmap To Recovery	\$120.00	PV Friday Night Speaker	\$79.76
Alternatives	\$70.00	PV Sunday Nooners	\$260.25	PV Lushes T' Ladies	\$36.76
Amity Group	\$24.00	PV There Is a Solution	\$41.00	PV Noon Group	\$62.00
AZ AA Women's Conference	\$500.00	PV Wed Step Study	\$170.00	PV Sunday Nooners	\$7.00
Bradshaw Seniors Meeting	\$408.65	PV Welcome Valley	\$221.20	PV Welcome Valley Group	\$70.00
Carry This Message	\$867.00	Receive The Message	\$25.00	Round Table Meeting	\$41.00
Chino Valley AA	\$600.00	Round Table Meeting	\$828.00	Seniors In Sobriety	\$50.00
Crazy Birds	\$705.75	Seniors In Sobriety	\$150.00	Serenity At Sunrise	\$369.00
District 14-140	\$200.00	Serenity At Sunrise	\$3,136.40	Step Stories	\$38.00
Free Thinkers	\$465.97	Step Stories	\$404.81	Sun. Morning AA Solutions	\$67.00
Friday Big Book Solutions	\$250.00	Sun. AM Men's Stag	\$1,566.56	Sunny Days	\$63.00
Girlie Birds	\$1,775.00	Sunday Morning AA Solutions	\$260.00	The Great Fact	\$232.95
God Sticks Group	\$155.00	Sunny Days	\$142.98	Walking Thru Hell	\$25.00
Healing the Hole in the Soul	\$704.46	The Great Fact	\$1,879.42	TOTAL November Gratitude	\$2,581.14
Humboldt Men's Stag Meeting	\$500.00	The Slice Of Life	\$1,050.00	TOTAL GROUP DONATIONS	\$46,491.14
Intergroup Meeting	\$394.68	Thurs Men's Stag	\$272.50		
International Women's Conf.	\$3,080.00	Toolbox Group	\$1,247.82	OTHER INCOME	YTD
Mayer Higher Power Hour	\$200.00	Tues Night Book Study	\$240.00	AA Birthday Gratitude	\$808.00
Noon BB Discussion	\$1,261.50	Whipple Group	\$89.00	Alcathon	\$393.04
Old Shoe (Skull Valley)	\$332.22	Women's Gratitude Luncheon	\$600.00	Anonymous IG Donation	\$4,627.70
Open AA Meeting	\$1,200.00	Working Girls	\$130.00	Anonymous November Gratitude	\$151.00
Park Avenue Group	\$1,282.43	Yarnell On the Mtn Grp	\$50.00	Literature Sales	\$12,914.15
Prescott Group	\$710.00	Young Peoples Meeting	\$160.00	Chips Etc.	\$3,195.00
Prescott Shoestring Roundup	\$6,000.00	November Gratitude		Meeting Directory Sales	\$360.50
Principles B4 Your Personality	\$2,213.80	Afterwards Group	\$298.00	Newsletter Sales	\$195.00
PV As Bill Sees It	\$223.00	Alternatives Group	\$72.00	Picnics	\$1,420.34
PV Diamonds in the Rough	\$200.00	Carry This Message	\$177.89	TOTAL OTHER INCOME	\$24,064.73
PV Friday Night Speaker Mtg.	\$360.00	Chino Group	\$69.70		
PV Gut Rap Group	\$330.00	Crazy Birds	\$102.53	TOTAL INCOME	\$70,555.87
PV Keep It Simple	\$668.10	Girlie Birds	\$176.55	TOTAL EXPENSES	\$60,569.28
PV Lushes t' Ladies	\$490.50	Healing The Hole In The Soul	\$52.00	INCOME LESS EXPENSES	\$9,986.59
PV Men's Book Study	\$150.00	Humboldt Men's Stag	\$103.00		
PV No Name Group	\$325.00	Noon BB Discussion	\$150.00	Total Monies 12/31/18	\$38,956.13
PV Noon Group	\$1,210.00	Park Ave.	\$198.00	Literature & Chips	\$7,536.00

THANK YOU!

To everyone who helped us be self-supporting through our own contributions.

BEST YEAR EVER!



Conscious Contact

Conscious Contact subscribers have three options to receive the newsletter:

1. Receive it via email at no charge. Email your subscription request to prescottaa@prescottaa.org
2. View online at www.prescottaa.org.
3. Receive it hard-copy via US Mail for \$15 per year.

If you would like a hard copy sent by US Mail fill out the form below and submit with \$15.00.

Please print clearly.

NAME _____

ADDRESS _____

CITY/STATE _____ ZIP _____

Make checks payable to: Prescott Area Intergroup and mail to 240 S. Montezuma #108, Prescott, AZ 86303